



# Nature Coast Unitarian Universalist (NCUU) News

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 Nature Coast Unitarian Universalists  
Website: <http://www.ncuu.org>

**November, 2018**

## President's Message

We are looking forward to Our New Book Club starting Nov. 3, 2018 at 3:00 pm. We will be reading "Fear", Trump in the White House. There will be a \$5. Donation or bring either Wine or Cheese and crackers, whatever you prefer. It should really be a great discussion and lot of fun.

There are now 2 more Restricted Parking Space areas. They were installed on Sunday October 14, 2018, by myself and Judith. The Speaker's Parking Space has been relocated across from the double front door.

Do not forget to look over all of the Amendments. They are very important. You will be voting on the Nov. 6, 2018, Ballot. There are some pamphlets in the Foyer to help explain them to you.

Thank you, Connie Hart, for taking a second collection for the Hurricane Victims of Michael. The funds will be going to a UU Church in the disaster area.

God Speed,

Joe Verdi President

## Sunday Services

11/04/18 Speaker: Arbuth Bumgarner

Background: Arbuth Bumgarner, a resident of Citrus County since 1995, created a successful real estate business, and while representing ERA American, has earned certification as an International Property Specialist and a Military Relocation Specialist. He is an active member of the Unity of Citrus Fellowship. He and his wife Annie started an import business in 2003 and have been traveling extensively to China for the last 16 years. Incidentally, Arbuth has been designated as the official Ambassador to China by the Citrus County Chamber of commerce.

Topic: "I Seek to be an Ambassador of Peace"

Summary: He feels that wherever we are in this fast, frantic world, we have the opportunity to stop and acknowledge the person next to us. How we do that is unique to each of us.

11/11/18 Speaker: Rev. Dr. Mauren Killoran

Background: Rev. Maureen Killoran is a Unitarian Universalist minister who recently retired after 32 years of service. Her most recent service was with her congregation in Gainesville, the city she and her husband, Peter Hyatt, are making their retirement home. Rev. Maureen holds masters' degrees in sociology and divinity, and a doctorate in church organizational systems.

Topic: "Over and Over"

Summary: What if we were to open our minds and hearts to the premise of reincarnation? How would our various certainties be challenged if this possibility turned out to be true?

11/18/18 Speakers: Santosh Kamath

Background: Santosh's credo is that "Truth" is always there, whether absolute or relative and that it is to be sought actively and earnestly. He believes also that there is inherent purpose in life itself, and that we share that common purpose. This has informed his personal and professional life as a student of the STEM sciences and linguistics, in his appreciation of the arts, and in his stints as an organic chemist/researcher, aerospace engineer, spiritual wanderer, higher education instructor, academic advisor, institutional researcher, stock market trader, and servant of the servants of Creation. Anne, the love of his life, is his eternal spiritual partner.

Topic: To Be Announced (TBA)

Summary: TBA

11/25/18 Speaker: Judi Siegal

Background: Judi (and husband Phil) live in Ocala after a very active career as a teacher and a very active role as a serious student and teacher of Jewish history, customs and religion in her New England home area.

Topic: "Through a Jewish Lens: How History Affects Jewish Rite and Practice."

Summary: She will be focusing on and highlighting 8 different historical periods and studying how they've influenced Judaism from the earliest beginnings to modern times.

# NCUU Board of Directors

President	Joe Verdi
Vice-President	Sheila Woods
Clerk	Holly Alexander
Directors	Rob Deremer, Gordon Dinmore, Bree Hill, Linda Myers, Nancy Pettus, Ellen Saunders

## NCUU Committees

Audio/Visual	Gordon Hart
Building	Bill Howat
Calendar	Gordon Hart
Caring Committee	Carol Dinmore
Choir Director	Sally Smith-Adams
Denominational Affairs	Joan Burnett
Facebook	John Comer, Connie Hart, and Nancy Pettus
Finance	Stan Brumaghim
Librarian	Tom Hibberd
Membership	Connie Hart
Music	Sally Smith-Adams
Newsletter	Amy Haiken
Nominating Committee	Joan Burnett, Pam Ricker, Sandy Sondheim
Photographer	Gordon Hart
Piano	Connie Hart, Sally Smith-Adams, Sheila Woods
Publicity	OPEN
Property	Bill Howat
Religious Education	Joan Burnett
Social Activities	John Comer
Social Justice	Available
Sunday Service	Pam Ricker
Treasurer	John Comer
Website	Gordon Hart, Amy Haiken

## Board of Directors

Our Board meeting is Monday, November 12th at 2 PM.  
If you want to place an item on the Board agenda, please send it to the clerk, Holly Alexander, about a week in advance. (Second Monday of the month)

## Thanksgiving Potluck

Thanksgiving Potluck – 1pm. See details and sign-up sheet on foyer table and come join us.

-- John Comer

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## Religious Education

During the month of January, Lynne Westmoreland will be offering a course on Mindful Communication. The course will meet on 4 Saturdays, January 5th, 12th, 19th, and 26th from 10AM until noon. The first meeting will focus on Marshall Rosenberg's "Non-Violent Communication: Create Your Life, Your Relationships, and Your World in Harmony with Your Values" and will serve as the central theme of our four weeks together. We will, however, build on Rosenberg's pedagogy and include weeks on "Deep Listening and Mindful Speech", "Silence: Complicity or Encouragement?" and "The Practice of Loving Kindness". The course cost will be \$25.00 and each participant is encouraged to have read Rosenberg's book before the January 5th gathering.

And a brief bio:

Lynne Westmoreland is a humane educator, combining education from that field with Buddhist training and indigenous spirituality, and is a long time UU. Her current encore career work includes teaching meditation, facilitating spiritual growth groups, and speaking in churches and local communities about our interdependence and our ability to shape this time in our evolutionary history. She has been a speaker at NCUU twice. Her latest sermon was about kindness.

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## TO ALL MY FLORIDA FRIENDS:

This is your Snow Bird friend, Jean Brown, (Harbor Lights, Lot 12). I will soon be returning to Inverness for my fifth and last season with you while I try to sell my mobile home. There are two main reasons for this: One is financial. It is just too expensive for me to continue to maintain two homes twelve months of the year. The other is for medical reasons. Now that I am an octogenarian, I have increasing medical problems. All my doctors and medical insurance are centered in Pittsburgh, and I feel vulnerable the five months I spend in Florida. I'll be arriving Oct. 31st and staying until the beginning of April unless I sell my home sooner. I will miss all of my Harbor Lights friends, my volunteer position friends, and especially my NCUU church friends who have been a family to me. My life has been enriched by living among you and I will miss all of you very much.

Warmly and sadly,  
Jean

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## Ladies Luncheon

Our NCUU Ladies' Luncheons will resume the last Tuesday of each month. See details and sign-up sheet on foyer table and come join us.

-- Peg Gotz

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## November Birthdays



If your birthday is in November, and your name is not on this list, please notify the editor:

ahaiken@bellsouth.net. Birthdays will be celebrated the first Sunday of each month acknowledging all birthdays.

- 11/4 Al Niemela
- 11/5 Margie Butler
- 11/13 Kate Smith
- 11/24 Jean Brown
- 11/30 Shirley Leonard



## Social Service Help Line

Wellcare, a health insurance company, has set up a help line for social services. If you need assistance, call 1-866-775-2192



## Where There's A Will There's a Way

We all hope to create a durable presence for Unitarian Universalism in Citrus, Marion and other nearby counties that will extend over decades, beyond our lifetimes. Accordingly, please consider including the Nature Coast Unitarian Universalists in your wills. This will help to ensure a lasting legacy, for future generations as well as for ours.

The Finance Committee



**Wireless amplifying headphones are now available at the rear of the sanctuary. See Gordon Hart or Gordie Dinmore for assistance on Sundays.**



## Membership Committee Notes

As the "busy" season for this area approaches, the Membership Committee is trying some new approaches to help get the message of our NCUU Congregation out to the community at large, so as to attract new members. We have decided to join the Dunnellon Chamber of Commerce and are looking into joining the Citrus Chamber also.

NCUU was featured in October in the Citrus Springs Villager Church Spotlight and will have an ad in the Discover Annual Magazine, which is a part of the Chronicle.

We are working on getting a mock up for our new T shirts, and are planning a "bring a friend to a service" day for a date in January.

If you are interested in becoming a member of NCUU, please see Connie Hart or a member of the Committee. We can answer questions you may have and help to welcome you. Also, if you would like to be on our Committee, please let us know. We'd love to have you! We are Thankful for NCUU!

Connie Hart



## Caring Committee

Please inform the Caring Committee if an NCUU member is ill or in need of some cheer. Carol will keep in touch with ailing congregants, as well as our snowbirds.

If you would like to volunteer to help with this very fulfilling job, please contact Carol Dinmore at 352- 419-5515



**Send Sunday Morning Announcements to:**

[ContactNCUU@gmail.com](mailto:ContactNCUU@gmail.com) with For Announcements in the subject line. Deadline is the Friday before Sunday service.



## Grounds & Gardens Day

The **First Friday of every month** is **Grounds & Gardens Day** at NCUU.

Do you like to work outside in the yard and garden? Whether weeding, trimming, planting, raking, the NCUU Yard and Garden Crew always needs help. Please come Friday morning. Gordie Dinmore and Bree Hill are usually there by sun-up. (*The rest of us usually are not.*) We're normally done by 10:30 - 11:00.

Sally Smith-Adams



## BloodMobile

Come and donate. Sandy Oaks RV Resort. 6760 N. Lecanto Hwy, Beverly Hills. ( Right around the corner from UU Church ).

Coordinated by Wanda Brown. Wed, November 14th, 2018. 9 AM to 3 PM. Call for an appointment or you can walk in. 651-260-5890.

Hope many of you come over because not all the park snowbirds have returned yet to make a great blood drive. Free hotdogs, chips and beverage !!



## Newsletter Deadline

Please remember that the deadline for December's Newsletter is **November 25 2018**.

Send to: [ahaiken@bellsouth.net](mailto:ahaiken@bellsouth.net) and put 'For Newsletter' in the subject line.



## NCUU Choir Practice

NCUU Choir practice on Sunday morning, at 9:00 a.m.



## Reminder: DST

Daylight Savings Time begins this Sunday. Set your clocks **BACK** one hour.

## Pay it Forward Story

The man who thanked a woman for paying for his groceries by donating \$10,000 to cancer treatment in her name.

For Tracy Warshal, a simple act of kindness led to an even greater contribution to the common good. Back in 2015 during the holiday season, Warshal noticed that a man ahead of her in line at the grocery store seemed to have forgotten his wallet and couldn't pay for the few items that he had accumulated.

Without thinking, Warshal paid for his items, and after the transaction was complete, the stranger asked for her name and took notice of her shirt, displaying where she worked. Then, about a month later, Warshal, then working as a scheduling coordinator for the Piedmont Cancer Institute in Georgia, was approached by two representatives from the Piedmont Foundation who informed her that a man wished to donate \$10,000 to the foundation in her name.

In fact, the man (who still wishes to remain anonymous) went so far as to contact Piedmont Healthcare's Vice President of Philanthropy, Mendal Bouknight, to track Warshal down, since he was only aware of her first name and employer printed on the shirt that she was wearing at the grocery store. "I'm just excited that one small little gesture made a huge difference and impact on a lot of people. I hope it makes people think twice about doing something small for somebody," she told ABC News.