



Nature Coast Unitarian Universalist (NCUU) News

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Citrus Springs, FL 34434
352-465-4225

 Nature Coast Unitarian Universalists
Website: <http://www.ncuu.org>

March, 2019

President's Message

We all enjoyed the great Chinese potluck, thanks to Amy Haiken and Mike Taylor and their Splendid China excursion photo presentation.

Please submit your Pledge Card, if you haven't done so. NCUU needs You.

There are numerous positions open. We need people for Membership Committee, Nominating Committee, Finance Committee and New Board Members.

Please support our Annual Pledge Drive and pick-up your envelope in the Foyer and return as soon as possible.

We had great turn outs for our Sunday Services in the month of February 2019. The church is growing and expanding.

God Speed,

Joe Verdi President

Sunday Services

3/03/19 Speaker: Rev. Carole Yorke

Background: Rev Carole Yorke, one of NCUU favorite speakers, has been a Unitarian Universalist minister in Florida since 1998. She has served the Spirit of Life UUs, the UU Church in Stuart, and First UU Congregation of the Palm Beaches, but is now retired in Port St Lucie where she lives with her five beautiful Pomeranians.

Topic: "A Spirituality of Aging"

Summary: What might it mean to us to learn who we are, free of others' projections, schedules, and expectations? To come home to ourselves and ask "who is the 'me' in me?" what do I dare to dream? Who might I be now that I don't have to be who I was?

3/10/19 Speaker: Lynne Westmoreland

Background: Lynne spent her first career as a professional musician and teacher for 30 years. Her encore career is in Humane Education for which she prepared with a graduate degree in education. Lynne now spends her time speaking to UU communities, teaching meditation, compassionate communication, and about the intersectionality of environmental, human rights, and animal protection issues.

Topic: "Non-violence is Not Enough: Speaking of Kindness"

(Lynne Westmoreland – con't.)

Summary: In these times, we are often confounded about how to speak with people, including friends and close family, who hold such a seemingly different world view. How do we go beyond non-violent communication into compassionate communication? And when we think about compassionate communication we must ask "compassionate toward whom?"

3/17/19 Speaker: Tom Hibberd

Background: Tom, a member of NCUU, is a clinical psychologist in private practice in Inverness. His interest in pagan religions began in his undergraduate days when he studied the cultural anthropology of religion and was inspired by pagan ideas. Tom has also written a couple of well-received plays, performed by the NCUU Players to critical acclaim.

Topic: During the so-called Dark Ages, the Irish Christian Church was a beacon of civilization for Western Europe. Saint Patrick's Day is a good time to remember this enlightened version of Christianity.

3/24/19 Speaker: Tim Martin (with musical back-up form Steve Cantania)

Background: Tim, formerly from Connecticut, is currently living in Ormond Beach, FL enjoying retirement in a state that has so much to offer. He loves to share his music with everybody, everywhere and anywhere to make people smile.

Steve Catania has been playing and making musical instruments since he was in his teens. Steve and his wife Tammy were the owners and operators of Catania Folk Instruments, which produced handmade instruments and distributed them worldwide for over 30 years.

Topic: “Share Your Gifts and Talents”

Summary: The musical saw: how it found me and has changed my and others’ lives. If you have gifts and talents, share with others to spread joy and hope, as it will make a difference

3/31/19 Speaker: Gaia and Kurtland Davies

Background: Kurtland and Gaia Davies are Unitarian Universalists from the Ormond Beach Congregation. They are counselors specializing in community building, reconnecting with nature, and end of life and bereavement.

Topic: “How to be of service to others without killing yourself!”

Summary: Why does the flight attendant tell you to put on your own oxygen mask before you help someone else? Because a dead helper is not a good helper! We U.U.s are famously service-oriented. Gaia and Kurtland Davies have reached the point of burn out several times in their "retirement careers" as caregivers and community leaders.

NCUU Board of Directors

President	Joe Verdi
Vice-President	Sheila Woods
Clerk	Holly Alexander
Directors	Rob Deremer, Gordon Dinmore, Bree Hill, Linda Myers, Nancy Pettus, Ellen Saunders

NCUU Committees

Audio/Visual	Gordon Hart
Building	Matthew Ciszewski and John Comer
Calendar	Gordon Hart
Caring Committee	Carol Dinmore
Choir Director	Sally Smith-Adams
Denominational Affairs	Joan Burnett
Facebook	John Comer, Connie Hart, and Nancy Pettus
Finance	Stan Brumaghim
Grounds	Bree Hill
Librarian	Tom Hibberd
Long Range Planning	Bob Madeiros
Membership	Connie Hart
Music	Sally Smith-Adams
Newsletter	Amy Haiken
Nominating Committee	Joan Burnett, Pam Ricker, Sandy Sondheim
Photographer	Gordon Hart
Piano	Connie Hart, Sally Smith-Adams, Sheila Woods
Publicity	OPEN
Property	Matthew Ciszewski and John Comer
Religious Education	Joan Burnett
Social Activities	John Comer
Social Justice	Available
Sunday Service	Pam Ricker
Treasurer	John Comer
Website	Gordon Hart, Amy Haiken

Board of Directors

Our Board meeting is Monday, March 11th at 2 PM.
 If you want to place an item on the Board agenda, please send it to the clerk, Holly Alexander, about a week in advance. (Second Monday of the month)

St. Patrick's Day Fundraiser

March 17th after the Sunday service there will be a St Patrick's Day meal/fundraiser of corned beef and cabbage for \$8.00 per person. There won't be a March Potluck.



MARCH 9 PIZZA PARTY!

The Board of Directors invites Members and Friends of the NCUU to a "Thank You" pizza party at the Fellowship Hall on Saturday, March 9 at 12 noon. The festivities begin with a social gathering at 11:30 a.m.

The Board would like to thank you for your time, talent and financial support for the current year May 1, 2018 – April 30, 2019. Pizza and soft drinks will be complimentary. Sign-up sheets will be in the foyer for the February 24 and March 3 services for you sign. Menu items must also be selected.

See you there!



Ladies Luncheon

Our NCUU Ladies' Luncheons will resume the last Tuesday of each month. See details and sign-up sheet on foyer table and come join us.

-- Peg Gotz



Membership Committee Notes

Please welcome **new members**, Lora and Bernie Deck from Lecanto! We are so happy to have them! Look for more information in next month's newsletter.

Joan Burnett is home, would like cards and is accepting visitors if you call first.

Sadly we are losing 4 members, as they are moving back north. Jean Brown, Carol and Gordie Dinmore and Lynn McDonald will be missed very much. Much happiness is wished to all of you. If you would like to become a member of our Congregation, please contact Connie Hart.

Please make sure you get accurate dates and times for events and meetings to Gordon Hart gchshutterbug@gmail.com, so that he can place them on the calendar on the website. Don't forget to visit our website, ncuu.org. If you have a photo, an appropriate story or poem that you'd like to see on the website, contact Amy at ahaiken@bellsouth.net.



March Birthdays



If your birthday is in March, and your name is not on this list, please notify the editor:

ahaiken@bellsouth.net. Birthdays will be celebrated the first Sunday of each month acknowledging all birthdays.

3/5 Kathryn Taubert

3/6 Nancy Pettus



Dinmore's Farewell

Dear fellow members and friends of NCUU,

We will be moving to Virginia in March, and we want you to know that you will be greatly missed. When we moved to Citrus County in 2010, we wanted to find people who were compassionate, accepting, and open-minded. We found all that and more when we discovered the NCUU community, which became an important part of our lives. Our years here have been enriched by our involvement with the congregation. The variety of speakers each week and the fun of singing with the choir under Sally's leadership will be in our memories. We'll follow NCUU online, and we wish all of you the very best.

Your friends,
Carol and Gordie



Grounds & Gardens Day

The **First Friday of every month** is **Grounds & Gardens Day** at NCUU.

Do you like to work outside in the yard and garden? Whether weeding, trimming, planting, raking, the NCUU Yard and Garden Crew always needs help. Please come Friday morning.

Bree Hill and others are usually there by sun up. (*The rest of us usually are not.*) We're normally done by 10:30 - 11:00.

Sally Smith-Adams



Jean Farewell

A FOND FAREWELL (leaving Friday, March 1, 2019)

I will cherish the memories from the last five years of being a snowbird member of NCUU. This is an especially warm and welcoming congregation; and my life has been enriched by being a part of it. Thank you for being my family away from home. I will miss all of you.

Until we meet again,


Jean Brown



Finance Committee

The pledge drive for FY 2019/20 began in January and continues into February. Pledge payments are the greatest source of NCUU income and support our many programs and fixed expenses such as insurances, mortgage payments and utilities. The time and talents of members and active friends get the work done, but pledges are an important enabler.

Envelopes containing pledge forms are in a wicker basket in the foyer for pick-up by our members and active friends. If you have not done so, please pick up your envelope today. A larger wicker basket is also there for completed forms.



Emergency Mental Health Info

Several times we have gotten calls at NCUU for emergency mental health information. We often refer them to 211. Citrus County is short of residential treatment facilities including immediate Baker Act in patient care:

The Centers on so Lecanto Highway (491) can provide outpatient, substance abuse, and telephone assistance if the person is on **medicaid**. 352 628-5020. Residential care, there, requires private payments.

Life Stream has been given the contract to provide for indigent persons with **no** insurance. They are not fully set up yet in Citrus. Their crisis line goes to a central spot from which they determine where and how to proceed 352-315-7500. It is hoped that this agency will provide better mental and substance abuse aid. Most of the funds for this public program come from Lutheran Services plus the County, with County authorization.



Social Service Help Line

Wellcare, a health insurance company, has set up a help line for social services. If you need assistance, call 1-866-775-2192



Wireless amplifying headphones are now available at the rear of the sanctuary. See Gordon Hart for assistance on Sundays.



New Items for our NCUU Library



Scott Johnson, a Facebook friend from the group 'People Discussing Racism', graciously donated a DVD and 5 books to our NCUU library.

DVD:

The Eye of the Storm – Jane Elliot

Books:

Learning as a Way of Leading, Lessons from the Struggle for Social Justice – Stephen Preskill, Stephen D. Brookfield

The Selma Awakening, How the Civil Rights Movement Tested and Changed Unitarian Universalism – Mark D. Morrison-Reed

Ella Baker & the Black Freedom Movement – Barbara Ransby


Just Mercy, a Story of Justice and Redemption – Bryan Stevenson

Practicing the Art of Compassionate Listening – Andrea S. Cohen




Send Sunday Morning Announcements to:

ContactNCUU@gmail.com with For Announcements in the subject line. Deadline is the Friday before Sunday service.




NCUU Choir Practice

NCUU Choir practice is on Sunday mornings, at 9:00 a.m.



Newsletter Deadline

Please remember that the deadline for April's Newsletter is **March 24 2019**. Send to: ahaiken@bellsouth.net and put 'For Newsletter' in the subject line.





Nine things you didn't know were invented by women

1. Computer software - Grace Hopper
2. Caller ID and call waiting - Dr Shirley Ann Jackson
3. Windshield wiper - Mary Anderson
4. Space station batteries - Olga D Gonzalez-Sanabria
5. Dishwasher - Josephine Cochrane
6. Home security system - Marie Van Brittan Brown
7. Stem cell isolation - Ann Tsukamoto
8. Kevlar - Stephanie Kwolek
9. Monopoly - Elizabeth Magie

To see more detail, please see the webpage: <https://www.bbc.com/news/world-40923649>