NCUU NATURE COAST UNITARIAN UNIVERSALIST 7633 N. Florida Ave. (Hwy 41) Citrus Springs, FL 34434 352-465-4225

Nature Coast Unitarian Universalist (NCUU) News

Nature Coast Unitarian Universalists
Website: <u>https://www.ncuu.org</u>

September 2021

President's Message



I cannot believe that almost a year and a half has gone by since I've taken office as President. I want to thank each and everyone one of you for your continued support of our church. As we try to transition into some sort of "normalcy" in our daily and spiritual lives, we are busy behind the scenes working to ensure that once our doors are open, both our zoon and in person congregants will feel right at home.

Thank you to all the board members and committee chair people who volunteer their time to make things happen also. If there is a committee you would like to join or at least visit to see what it is all about please do. Or, if you do not see a committee and would like to start one, please feel free in contacting me.

Believe in your infinite potential.

SUNDAY SERVICE

Sunday, Sept. 5, 2021

Speaker – James Shaw

James Michael Shaw, Jr., is a practicing attorney and a member of the Unitarian Universalist Church of Tampa, where he formerly served on the Board of Trustees. Mr. Shaw has chaired the Legal Panel for the Greater Tampa Chapter of the ACLU of Florida since 2007 and is the current chair of the ACLU of Florida's State Legal Panel. Mr. Shaw is a partner with a national law firm and also serves as local counsel for the NAACP Legal Defense Fund in the case that desegregated the Pinellas County Schools. He graduated *magna cum laude* from Oakland University with a Bachelor's degree in music composition and *magna cum laude* from the University of Miami School of Law. Mr. Shaw has also been an adjunct professor at St. Petersburg College and is a frequent speaker in the Tampa Bay area on subjects relating to constitutional law, insurance law, and aviation law. He is originally from the Detroit area but currently lives with his wife and two children in Tampa, where he is blessed to have made countless friends and enemies.

Topic: Cash Bail: Why It's Awful and What You Can Do About It

Speaker – Cliff Jackson

Cliff has been married to his dear wife Cathy for 46 years. They have two children Lisa and Sandra who are both married and living out of the nest. Cliff got his Organic Chemistry degree from Florida Technological University (now called University of Central Florida) He started a chemical manufacturing business in 1980 that grew rapidly. (be careful what you wish for, lol) The last four years, which seemed like 20, it was running 24/7. He sold the business in 1996 and entered "slow time". Time to join UU and be of service in so many ways, time to travel with family, time to grow personally and spiritually, time to join Toastmasters and time to share timeless moments on an occasional Sunday morning like today.

Topic: Thriving Through the Pandemic and Beyond

I will share my thoughts and observations about what has been helpful dealing with COVID, for the past 18 months, for this current wave and for whatever we find on the other end of this long tunnel.

Sunday, Sept. 19, 2021

Speaker – Don Wright

Don Wright and his wife Jeanne live in Dunnellon, FL and have been members of NCUU since 2010.

Don retired in 2007 from the Virginia Institute of Marine Science, College of William and Mary, where he was a professor specializing in physical and geological oceanography. Prior to moving to Virginia in 1982, Don was on the faculty of the University of Sydney, Australia. Don received his PhD from LSU in 1970. He continues to work part time as Director of Coastal and Environmental Research for the Southeastern Universities Research Association (SURA), a non-profit Washington-based consortium of 60 universities. Most recently, he researched, edited and contributed chapters to the book *Tomorrow's Coasts: Complex and Impermanent*, which was published in 2019 by Springer International Publishers as well climate change related articles in scientific journals and international conferences. Don currently serves as chair of the NCUU Social Justice Committee and is a member of the NCUU Board of Directors.

Topic: Water in the Anthropocene: Too Little or Too Much

Water is an extremely undervalued commodity that is essential for life. But in many parts of the world water is so scarce that many do not have enough to drink and often little or none for hygiene. Elsewhere, in wealthy countries, much water is simply wasted on watering lawns, filling pools or simply misusing. Animal agriculture consumes huge amounts of water. Worldwide, there are 48,000 large dams on major rivers and many smaller ones on small streams. These dams cut off supply to those downstream, often causing losses to agriculture or severing the supply of sediment to maintain coasts. And now global warming is causing dry regions to become drier and wet regions to become wetter with more frequent and severe flooding by torrential rains and increased river discharges. These problems are caused by humans in the Anthropocene.

Sunday, Sept. 26, 2021

Speaker – John Spivey

John Spivey is a graduate of the University of Central Florida, where he earned both Bachelor's and Master's degrees. His Juris Doctor degree is from the University of Arkansas. He is a partner in Graves and Spivey, PA. They have been appointed public defenders for the 5th Circuit, which includes Citrus. He recently won a local death penalty case involving a juvenile, sentenced years ago. He will speak to us about issues faced by public defenders including bail justice/no cash bail and the death penalty.

Topic: Public defenders experience with bail justice, death penalty

NCUU Board of Directors

President	John Comer
Vice-President	Connie Hart
Clerk	Margo Wilson
Directors	Amy Haiken, Bree Hill, John Ivens, Shirley Leonard, Lowell Smith, and Don
	Wright

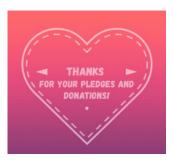
NCUU Committees

Building	Matthew Ciszewski and John Comer
Bylaws	Amy Haiken and Gordon Hart
Calendar	Gordon Hart
Caring Committee	Connie Hart, Abby Madeiros
Choir Director	Sally Smith-Adams
Denominational Affairs	Bree Hill and Sheila Wood
Facebook	John Comer and Connie Hart
Finance	Shirley Leonard
Grounds	Bree Hill
Librarian	Tom Hibberd
Long-Range Planning	Bob Madeiros
Media and Technology	Gordon Hart and Amy Haiken
Membership	Holly Alexander
Music	Sally Smith-Adams
Newsletter	Amy Haiken
Nominating Committee	Abby Madeiros, Jeanne Wright, and Mike Taylor
Photographer	Gordon Hart
Piano	Connie Hart, Sally Smith-Adams, Sheila Woods
Property	Matthew Ciszewski and John Comer
Religious Education	John Ivens
Social Activities	Matthew Ciszewski and Pam Ricker
Social Justice	Don Wright
Sunday Service	Pam Ricker
Treasurer	Jean McCauley
Website	Gordon Hart, Amy Haiken

Board of Directors

Our board meeting is Monday, Sept. 13 (Second Monday of the month) at 10:30 a.m. If you want to place an item on the board agenda, please send it to the clerk, Margo Wilson (<u>clerkatncuu@gmail.com</u>), about a week in advance.

NCUU Pledges



NCUU Pledges and <u>Youtube</u> Video

Our Fellowship is still functioning and has ongoing expenses. Click the above link if you are viewing this on your email to watch the video. We will be "open and up and running" as soon as it is safe. Please find it in your generous hearts to keep your pledges and gifts up to date. Many thanks to all of you. Checks should be sent to:

Nature Coast Unitarian Universalist Fellowship P.O. Box 94 Holder, FL 34445 * * * * COPELAND COMMUNITY PARK + 76 NE 8TH AVE + CRYSTAL RIVER + FL SEP 04 10 AM - 2 PM * * * * * * USIC · FOOD · FU is Club of Otrus Cou *

Connie Hart



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Announcements

Send Sunday Morning Announcements To: Contactncuu@Gmail.Com Write "For Announcements" in the subject line. Deadline Is The Friday Before Sunday Service.

September Birthdays



If your birthday is not included, and your name is not on this list, please notify the editor:

ahaiken@yahoo.com. Birthdays will be celebrated for now with a card from the Caring Committee. Please take time to text, call, or email these members this month.

Roger Adams

John Ivens

FROM FAITH TO JUSTICE, NCUU SUNDAY SERVICES

WE ANTICIPATE THESE WILL BE ON ZOOM AT 10:30 AM, Sundays.

Several months ago, UU minister Brock Leach urged us to reach out, and into, our larger community. Some of us did that; a few tried. Others had good intentions, such as participating in Save our Waters Week.

Now, on August 29, Reverend Bruce Seaman urges faiths like ours to go further into **justice**. We have a religious responsibility to support and act, even if this is not a popular task.

Do more than collect food or school supplies: *Advocate* and work on hard issues.

We follow this with a Labor Day service with James Shaw, a Tampa UU and ACLU attorney. He will address bail justice. Specifically: our bail system jails the poor and back disproportionately. This handicaps future success. This issue has been highlighted by the BLUU (Black lives of UU.)

Did you hear the speech at UUA by Desmond Meade? We will be given the chance to sign onto a local initiative on this issue, by joining a coalition to set up a Citrus chapter of the Florida Rights Restoration Coalition.(FRRC)

On September 26, our local Public Defender, John Spivey will describe his court room activities including death penalty defenses and experiences with bail. This might further encourage you to advocate for bail reduction or rights restoration.

Oct 3 offers Dennis Wooldridge, who takes a step back and gives us a wide view of our justice in the nation, the Constitution and the fragility of democracy.

The last of this series is Oct 17. Reverend Al Hopkins will talk about political action as a spiritual endeavor. He, too, will be an advocate for bail justice and perhaps be a partner with NCUU in a local FRRC.

P.S. The League of Women Voters will zoom Nov. 9, featuring an activist attorney who will address helping returning Florida offenders to regain voting rights. 7 PM, Nov. 9.

The Sunday Service Planners hope these services will inspire you, and perhaps convince you to join in action with your fellow congregants and neighbors.

Linda Myers



Travelers and Snowbirds:

Please remember to bring a small bottle(s) (pill bottles are a good example) with you to collect some water from the places you visit this summer. Snowbirds, please bring some water back from your northern homes.

Our Water Service is scheduled for November 7.

Thanks, Pam



(cont. to next column)

Backpacks Giveaway



A number of NCUU members contributed school supplies to, and or/assisted, at the back pack giveaway at Copeland Park, Crystal River. These included: Carole Goodwin, Pam Ricker, Sally Smith Adams, Jean McCauley, Amy Haiken, Margo Wilson, Holly Alexander, Linda Myers, Matt Ciszewski and John Comer. The latter two are pictured below, along with John's dad.



Also included is a photo of an unidentified family, posing for us after claiming their back packs.



NCUU Calendar

Please send additions, deletions, updates, and edits to Gordon Hart, gchshutterbug@gmail.com, so that he may keep the calendar updated on our website, ncuu.org.

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Estate Sale

Stan Brumaghim, a longtime member of NCUU, has moved to South Carolina to be closer to his kids. He will be having an estate sale on Friday, Sept. 6, from 8 a.m. to 3 p.m. and Saturday, Sept. 7, 8 a.m. to 1 p.m. The address is 2743 E Celina St, Inverness, off N. Croft Ave. Stop by if you are in the area.



Thank You from Sheila

Thank you everyone who has in their thoughts, and/or kindly cooking nutritious dishes for Mark and myself, calling and asking what I and or Mark might need.

Mark greatly looked forward to the dishes and thanked all the chefs. You should know that a saying comes to mind "encourage the cook" meaning enjoy the food. Mark definitely did. I must confess to enjoying the desserts, cookies and cakes.

I know it is very difficult to think about the word cancer or cancer treatments. Sometimes, this or similar life health troubles, may put up roadblocks to communicating with one another. Not to worry. All of us go through experiences, and they can definitely be challenging and unique to that person whom we care about. I wish to convey warm thanks and warm thoughts to everyone.

With gratitude, Sheila (and Mark)



Connect With Conversation

Each Wednesday from 7-8 p.m., members can join each other for conversation via a recurring Zoom link.

Sometimes we have a topic, sometimes we play a game. We catch up on local events and concerns and learn about each other. It's a great way to get acquainted. You don't have to dress up or clean the house, either. We look forward to "seeing" you.

If you need assistance getting on Zoom, contact Amy or Gordon.

- Connie Hart



Grounds Workday

Even though NCUU is closed right now, plants and weeds keep growing! If you are looking for a way to get out of the house, maintain social distancing (6 feet to whatever you are comfortable with), and get some fresh air and exercise, Sally and I would be happy for you to join us on the first Friday every month between sunup and 11 a.m. Even if it is for just an hour before the heat builds up, you are welcome!

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Bree Hill

Religious Education Committee

Since no one is currently signed up for the Religious Education committee I've agreed to be the chair and urge others in congregation to also serve on this committee.

Please also share your ideas and suggestions for a religious education program at NCUU. Once we begin meeting face to face, our being able to provide activities for young children, while their parents participate in our Sunday service; we would be more welcoming to young families in our congregation. We could also continue with adult religious education programs as we have in the past.

Please get in touch with John Ivens (cell: 352-513-4710) or email (<u>bsnevister@gmail.com</u>) with your thoughts and suggestions soon. I'm looking forward to hearing from you.

John Ivens NCUU Board Member



Newsletter Deadline

Please Remember That The Deadline For The Next Newsletter Is Sept. 23, 2021. Please Adhere To This Deadline; otherwise, your material won't be included in the newsletter.

All request entries should be sent to the email address: ncuu.news@gmail.com. That will make it easier to keep all requests organized in one place. Please send the proofread text and photo attachments.

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Amy

Sunday Service Committee

If you would like to give feedback on any or all of our speakers, please click the link and do so at any time. The Sunday Service Committee appreciates your input.

Speaker Feedback Form

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Thanks, Pam Ricker Loving Energy by Pamela Reader

Pamela Reader, one of our members, is a nurse, counselor, and hypnotherapist. Pam has created a hypnotherapy session that she would like to share with all of our fellowship, especially with us all going through this stressful time with the coronavirus. The session is highly recommended.

Please click on this <u>link</u> to her Youtube video.

Thanks, Pam!

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Senior Service Update

The information below is not just for dementia care. Please contact Debbie directly if you have questions or need more information. Stay well, and take care of yourself and your loved ones, Connie

From Debbie Selsavage: Dementia Education, Inc. 352-422-3663

I have provided you with a few choices of home health companies, there are many.

I have also provided you with companies that their staff/care team are employees of the company. What that means is that all the staff have had a level 2 background check which is required for everyone, but the employees of the company will also be covered with workers comp insurance in case of an injury while at a home.

The other difference is a nurse registry and they are sub-contracted workers or 1099 workers and they are not covered with insurance but do have a level 2 background.

Right at Home

Christina Blum 5327 Commercial Way STE B105, Spring Hill, FL 34607 352-694-1087

Senior Helpers Bill Tuttle VA Approved Provider springhillcrc@seniorhelpers.com 813-712-9058

Home Instead Home Care

4214 W. Gulf to Lake Hwy Lecanto, FL 34461 352-249-1257 http://www.homeinstead.com

Comfort Keepers-Inverness & Hernando

2244 Hwy 41 W. Inverness, FL 34453 352-726-4547 Gailen Spinka https://www.comfortkeepers.com/offices/florida/hernando-county The companies listed below are in home physician services. If it gets to be to much to take your loved one to the doctors office for many reasons. The companies below will come to your home, take insurances and do everything that a primary doctor will do, they can do blood work, x-rays etc. This is another good options for people that have to use wheelchairs or mobility is getting tough.

Mobile Physicians Services

6804 Cecelia Dr. New Port Richey, FL 34653 727-232-0644 855-232-0644 http://www.mobilephysicianservices.com

LifeForce Healthcare LLC PO Box 773176 Ocala, FL 34477 352-873-3800 www.lifeforcehealthcare.com info@lifeforcehealthcare.com

My monthly newsletter has many resources and services, you can print that out and have that available for your reference.

Please do not hesitate to contact me.